



Recipes

Salad

Chickpea Salad(vegan)

Prep Time: 12 minutes

Yield: 2-4 servings

Ingredients:

1 cup dried chickpeas, soaked or two 15-ounce cans chickpeas, drained and rinsed
1/2 cup celery diced
1 large organic Granny Smith apple, peeled and diced
1/2 cup raw walnuts
1/2 cup currants
1/2 avocado
1/3 cup Veganaise
1 tablespoon curry powder
1 large garlic clove, minced
Sea salt and black pepper to taste

Directions:

1. Place half of the chickpeas in a food processor and pulse.
2. Place the chickpeas and the rest of the salad ingredients in a large bowl and mix together.
3. Season the salad with salt and pepper then cover and refrigerate it for 30 minutes minimum before serving.
4. Serve with your favorite greens and top with an avocado.